

Trauma occurs as a result of shocking, terrifying or devastating experience or event that is overwhelming in nature, and resulting in profoundly upsetting feelings of terror, shame, helplessness, and powerlessness to the victim. Trauma impacts peoples' mental, emotional, spiritual, and physical wellbeing. With HINS awareness training, everyone can aid a traumatic

population. HINS trauma-informed-care (TIC) training and our person-centered-plan (PCP) program provide enabling tools for care providers to shift their traditional service delivery method to a person-centered approach with an understanding of how the past impacts the present condition of the consumer. Our Person-Centered-Planning (PCP) program engages consumers to partner with their

providers and use their own inner resilience towards their own self recovery. HINS provide multidimensional strategic technical assistance in grant-development, including gender-specific empowerment, recovery and productivity.

Trauma Informed Care (TIC) Training for Mental Health Care Providers

HINS facilitators include Wisconsin state-trained experts and consumers with experiences in situation-specific personal/group training, services, and program development in:

- Advocacy and social marketing
- Agency Self TIC assessment
- Capacity building/development
- Cultural sensitivity
- Peace building
- Grant development
- Post conflict integration
- Staff/Volunteer training
- Strategic program planning, evaluation, compliance and documentation
- Worksite safety

HINS Philosophy

At the heart of creating culturally specific individual wellbeing and national peace is research and training

The success and recovery of trauma-affected people is dependent upon professionals and administrators becoming more aware of how trauma affects human beings, and how their environmental climates can become more trauma-informed and trauma-sensitive.

HINS provide technical assistance for creating trauma-sensitive and person-centered supportive environments at school, hospitals, police and armed academies, jails, and for children and adults traumatized by family violence, divorce, armed robberies and civil war incidences.

Person Centered Planning (PCP) Training for Mental Health Service Consumers

Mental health care consumers, veterans, survivors of violent crime, homelessness, disasters, sex abuse, other disabilities, and their significant care providers, will benefit from our training in:

Biology & components of Trauma

- Age-related and early childhood trauma
- Domestic/violence trauma
- Post war trauma
- Institutional and refugee trauma
- Reproductive related trauma.

Person Centered Communication

- Empowerment and responsibilities
- Post conflict recovery and reintegration
- Enhancement of quality of life
- Grounding and self-determination.

Wellness Action Plan

- Creation and peer support
- Outsmarting Stress and Depression
- Mental wellness and maintenance
- Early warning signs and triggers
- Crisis and Post Crisis management.

**HINS Holistic Mental Health
and Peace Building
Training Programs for
Consumers and Providers**

Our Services

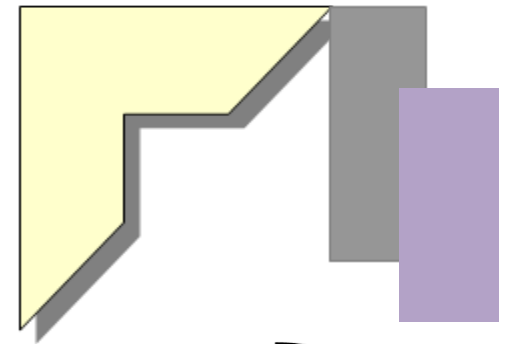
- Behavioral health
- Emotional health
- Environmental health
- Financial health
- Mental wellness
- Peace Maintenance health
- Person Centered Planning
- Physical health
- Post conflict health
- Rehabilitation,
reconstruction and
Integration health
- Reproductive health
- Socio-economic health
- Spiritual health
- Trauma Informed Care

How To Reach Us

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 Developed by mko,
HINS Social Marketing



HINS



**Health International
Network System,
LLC**

Working with individuals,
families, and agencies, locally
and globally in creating
culturally sustainable mental
health trauma-informed care
and recovery solutions.